LUNCH MENU

APPETIZERS

CRAB CAKES .15.
Pan fried and served with a three mustard cream sauce

BLACKENED TUNA .18.
Bites of blackened tuna, pan seared and served with seaweed salad, pickled ginger, wasabi, and soy sauce

SHRIMP SCARGOT .18.
Shrimp cooked in white wine, garlic and butter with toasted goat cheese on top, served with crostinis

SPINACH AND ARTICHOKE DIP .16.
Loaded with shaved parmesan cheese and served in a bread bowl

GARLIC BREAD .8.
Toasted French bread with melted garlic butter, served with marinara sauce
Add .2 for cheese

SALADS

AS A WRAP .1.
ADD CHICKEN .6. BLACKENED TOFU .6. PORTOBELLO MUSHROOM .8. FLANK STEAK .10. SHRIMP .10. MAHI .10. TUNA .12.

HALF FULL

XO SALAD .12. .17.
Mixed greens, spiced almonds, goat cheese and sliced granny smith apple, served with our house made sherry vinaigrette

CAESAR SALAD .10. .14.
Classic Caesar with house made garlic croutons and shredded parmesan

SPICY THAI SALAD .12. .17.
Grilled chicken, thai peanut noodles, crispy wontons and toasted sesame seeds, served over mixed greens, with our house made thai dressing and sweet chili sauce

CHOPPED SALAD .17.
Chopped mixed greens topped with diced chicken, tomatoes, onions, bell peppers and cheddar cheese, topped with sliced avocado and served with a creamy jalapeno dressing

SANDWICHES

AS A WRAP .1.
ALL SANDWICHES ARE SERVED WITH YOUR CHOICE OF SIDE, POTATO SALAD, SPICY PASTA SALAD OR POTATO CHIPS
SUBSTITUTE A CAESAR .3.
OR A CUP OF SOUP FOR .3.5.

PRIME DIP .18.
Slow roasted Prime Rib, sliced and topped with Swiss cheese, on a toasted baguette, served with au jus and horseradish cream

BLACKENED MAHI WRAP .16.
Blackened and pan fried, served with a Cajun tartar sauce, lettuce, tomato and onion

GRILLED STEAK WRAP .16.
Seasoned and sliced tender skirt steak, served with spinach, roasted red peppers, tomato, goat cheese, and locally made Wolf’s steak sauce

CHICKEN BACON GUAC .16.
Sliced chicken, bacon, house made guacamole, mozzarella cheese, lettuce, tomato and onion on a ciabatta bun

CHICKEN BRIE APPLE .16.
Sliced chicken, brie cheese and granny smith apples, with dijonaise on a toasted baguette, served with a side of raspberry preserves

TUNA BURGER .18.
Blackened and pan seared, served with lettuce, tomato and onion, with a side of ginger aioli, on a ciabatta bun

*CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS